

The Gifts of Samhain Oct 25th 2020

- Many of the gifts that come into our lives may do so disguised as challenges or we might say that the challenges we experience in life when embraced and resolved become gifts in our lives
- Change is a challenge for most of us” The only person who likes change is a wet baby and even they cry !!!
- The Season of Samhain is a time where change is possible at a very deep level if allowed and embraced
- Samhain insists that the change we commit to or embrace happens at the deepest level of our being
- Samhain is a deep time a slow inward downward timeto travel downward we must let go of our attachments to the props that hold us safely in our acceptable normal and allow ourselves to drop or roll down into deeper places within ourselves
- Samhain can be a time of transformation “ag arthu o Bhun “ if we are willing to submit to the energy of Samhain and of the Cailleach
- The transformation that can happen at Samhain demands the deepest commitment, honesty and integrity that we can muster within ourselves at that moment and during the process
- In Samhain with the focus on the inner world and our inward state of being there are less places for us , especially our Ego to hide . While our Ego often gets bad press remember the Ego is a great ally and a very poor master
- The Ego is controlled by Fear and Neediness
- At Samhain our soul demands that it takes the role of leader /mistress with the ego acting as helper
- The energy of Samhain and of the Soul is an energy that promotes watching , observing , accepting and allowing the rightness of each moment , all of these qualities are based on Trust

- Samhain with its focus on Trust creates an openness to what is in each moment rather than what /how we think something should be.
- Samhain is a tough season for most of us because we try so hard to be in Control (even if that control is at a very surface level) to fully enter Samhain and receive the gifts that are waiting there for us we must drop down to deeper places within us and to experience a more true and real experience of control which is paradoxically only found when we surrender our need for apparently being in control
- While in the deeper places of consciousness afforded to us in Samhain we are often shown images of our next step or how to move forward with aspects of our own life or the life of our community or country and we need to trust these images and allow them to grow on the inner planes so that eventually they will be strong enough to manifest on the physical plane of reality (Rilke) when the season of Samhain is over
- Samhain demands that each of us will search and find the path into our true Sovereignty and so emerge as an empowered human being and be part of restoring all that has been lost to us
- Studying and embracing the wisdom held within the Celtic calendar and tradition requires an acceptance of the unbroken wholeness of the universe
- Be gentle and patient with yourself this is at least a lifetime work !!!!

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